

G.S.METRO

The Andy Mallen Memorial Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

To be held Saturday 29th April 2023 10.30am - First rider 10:32 am



Event Secretary

Mr Micky Mallen
Agape Cottage
Kirkby Thore, Penrith
CA10 1UY
Tel : 0771 2532645
mickymallen@yahoo.co.uk

Timekeeper

Mrs Frances Shultz
Mr Peter Shultz

Headquarters

Middleton Village Hall.
Middleton Northumberland.
NE61 HRA

Course M26 (26 Miles (Hilly)) Course Record - C.Donaldson (GS Metro) 57:36 (2016)

Belsay - Hartburn - Rothley Crossroads - Scots Gap - Belsay

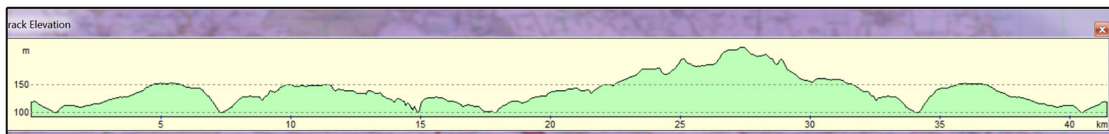
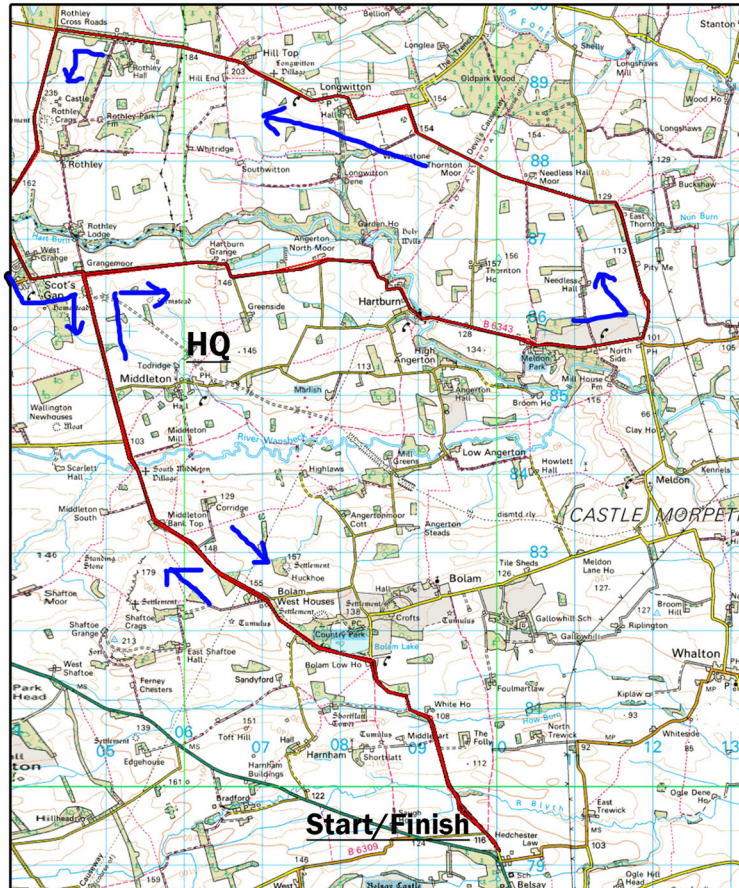
Start at Belsay on minor road 200 metres north of the junction with the A696 and B6524. Proceed north on minor road via Bolam Lake to junction with the B6343 (6.4 miles). Turn right on the B6343 through Hartburn to Dyke Neuk. Turn left on minor road and continue to T-junction. Turn left on minor road to Rothley Crossroads. Turn left on minor road to Scots Gap. Turn left in Scots Gap on the B6343, then first right on minor road in the direction of Belsay to Finish, opposite the start.

OBSERVE THE RULES OF THE ROAD!! There are TWO right hand turns. Riders MUST give way to traffic from both directions and must NOT cross the white line dividing the lanes at the junction on the outward leg. Failure to do so is instant disqualification. On the return leg you MUST NOT cut the corner into oncoming traffic and riders. Any evidence of this will result in disqualification and a report to CTT for dangerous riding. You have been warned! Lets put rider safety first today please.

Please Note

Numbers and sign on are at Middleton Village Hall - Please show consideration for residents when in the village. Changing facilities and toilets are in the Hall. NO Cycling Shoes in the hall please
IMPORTANT NOTE - The start is approx 6 miles from the HQ- so allow ample to ride to the start. On this note - NO turbos in Middleton please. Parking in the field opposite the hall

Course details



Rider and Safety notes and Local regulations

- No head down riding
- Hardshell helmets are mandatory for ALL riders
- CTT require a working rear light AND a front light (either flashing or constant) - no lights, no ride. These must be working and visible for the duration of the ride.
- No U-turns in the vicinity of the timekeeper
- No standing in the road at the start and finish.
- There are TWO right hand turns. There must be NO crossing into the wrong lane in either instance. Disqualification will result. Marshals and organisers decision on this is final
- Riders MUST sign in AND sign out at the headquarters at Middleton. Failure to sign out will result in a DNF
- Riders take extra care at T-junctions, at right hand turns, on steep descents with bends, through lightly built up area of Hartburn. **This includes no cutting of corners!**

Prize List

- 1st** £50 - Donated by Ian Mackie (Padon Contracts Ltd) + The Andy Mallen Memorial Trophy
- 2nd** £25 + Start Cycles Goody Bag
- 3rd** £15 + Start Cycles Goody Bag
- 4th** £20 Ringtons Voucher
- 5th** £15 Velo Culture Voucher
- 6th** £10 No Fret Coffee voucher

Spot Prizes - TBC!!! on the day! Including Sports Massage Voucher worth £45 for 22nd Place!

- 1st Lady (Senior) £50** - Donated by Ian Mackie (Padon Contracts Ltd) + £15 Velo Culture Voucher
- 2nd Lady (Senior) £25** + Start Cycles Goody Bag
- 3rd Lady (Senior) £15** + Start Cycles Goody Bag

- 1st Lady (VET) £15**
- 2nd Lady (VET) Start Cycles Goody bag**

- 1st V40 £15**
- 2nd V40 Start Cycles Goody bag**
- 1st V50 £15**
- 2nd V50 Start Cycles Goody bag**
- 1st V60 £15**
- 2nd V60 Start Cycles Goody bag**

(ALL Vets prizes for OUTSIDE top 6)

Fastest Team (3 Riders) £30 + £30 Ringtons Voucher

Standard Bike Event - 1st £30
2nd £20

New Course Record - £50 (Donated by Micky Mallen)

Tea, coffee and biscuits will be available at the finish.

NOTE : Please stay behind for the prize presentation
ALL non-monetary/voucher prizes will be presented to the next eligible
or ranked rider!

Sponsors



Thanks to Our Longest running & generous sponsors
Paddy @
Start Cycles - NEWCASTLE 0191 2614191



Thanks to Stephen Drysdale @ Ringtons



Thanks to Bev Martin @ Velo Culture - look on Facebook or go to
www.etsy.com/uk/shop/veloculture



Thanks to Matt @ No Fret Coffee Cabin - Spanish City, W.Bay
<https://www.facebook.com/nofretwhitleybay>



MM SPORTS MASSAGE - Micky Mallen

Finally - A HUGE THANKS to our main sponsor

Padon Contracts Ltd - Ian Mackie.